Just say it

Thank you very much. Youchao. I am not a star, because all stars should shine. There is no shining point from me except my head because my hair is getting less and less. When my hair is getting as less as Chen Peisi or Le Jia, I will become a star.

Last night my wife asked me to wash the dish but I said “I have to prepare tomorrow’s speech”. She asked “What are you going to say?” “I totally have no ideas but I have to say something.” “If you have no idea maybe you can learn from others?”

Oh, learn from others – good idea. I remembered David Qi said the topic how a loser wins back is popular. But I find my story is about how a winner loses: I was always the number 1 in the primary school, I become the number 2 or 3 in the high school, and I became the number – sorry I forget my scores in university. I can go to the primary school with a girl hand in hand but that did not happen again in the next 20 years. So I can’t share my unsuccessful life.

“Maybe you can say why you join toastmaster?” “It is a really good topic” I joined the toastmaster to practice my English and the public speech skill. Now, I can talk with foreigner in English fluently. “Yeah, that’s because you just say three words: “Hello, Thanks and Bye”.

It will give me the courage and leadership. My wife laughed “it seems the toastmaster did not give you that. You are still a coward. You still fear snake, worm or even a dog. And you are the number three in our family and leaded by our daughter and me”.

Yes, it is true. The toastmaster, these prepared speeches did not change me much. I still was a coward and I still become very nervous and feel a great pressure when I stand on this stage, not relaxed and confident. My heart almost beat 250 times per minute. It did not change me from a fat worm to a beautiful butterfly. It just made me a fatter worm.

Then why? Why did I spend hours to prepare these speeches? Why did I take these pressure and pain?

When I asked myself, my heart, it said you deserved it. When I finish the speech, step down from the stage, look at the pictures and videos, I didn’t feel the pressure and I can’t feel more relaxed and happy. It is pretty like riding the roller coaster. It throws me up and then down; it shakes me from the left to right and then back. I curse myself “Are you crazy to ride this?” But at the end when I stand on the ground I feel more happiness after the pain and pressure. These unique feelings are like the drug or the love to a girl.

And in fact the procedure of preparation and delivery of the speech is pretty like dating with a girl. We must try to understand what the audience – the girl like. We must choose the dating topic carefully. We must know what’s forbidden. We need practice our vocal variety and body language. We need try to do the eye-contact.

And making speeches has a great advantage that it is much safer and honor than dating girls. If you date a lot of girls we will call you a bad guy. But if you deliver a lot of speeches we call you master. If you date two girls at the same time we call immortal we will also call you awesome.

Yeah, just like the love to a girt many times we can’t ask what toastmaster can give us. We can only ask what we can share, what we can give to toastmaster. We joined it just because we want to share, we love to give. Our heart, Our soul tell us to say it.

Please forget the fear, the skill; just speak out what you want to say. Now try to date with this beautiful girl.